



ORCHARD MEDICAL GROUP

FAMILY MEDICINE

Consent for Communication via Phone, Email, or Text Messaging

I, (Patient Name) _____ Date of Birth (DOB): _____
authorize Orchard Medical Group to communicate with me electronically or by cell phone, as set forth in this form.

We at Orchard Medical Group value clear and timely communication with our patients. By providing consent, you or your legal guardian authorize us to contact you regarding your healthcare and outstanding balances via phone, email, or text messaging (SMS). Below are the terms and conditions of this consent:

1. Purpose of Communication

We may use phone, email, or text messaging to communicate about:

- Appointment reminders
- Billing inquiries and outstanding balances
- Prescription refills
- Lab and test results
- Referral updates
- Other general medical and business matters

By providing your contact details, you agree to receive such communications.

2. Risks of Using Email and Text Messaging

While we strive to protect your privacy, electronic communications carry certain risks:

- Messages may be misaddressed or intercepted.
- E-mails and texts can be forwarded, stored, or printed.
- Sensitive information may inadvertently be accessed by others (e.g., employer systems or shared devices).
- Unauthorized parties could access or alter communications.
- Deleted messages may still be recoverable from devices.

Please be cautious when providing contact details and ensure your devices are secure.

3. Consent for Billing-Related Communications

We may contact you via phone, email, or SMS regarding outstanding balances or billing-related matters. By consenting, you authorize the use of automated dialing systems, pre-recorded messages, or direct communication to reach you.

4. Conditions for Communication

- **Medical Records Inclusion:** Communications may be included in your medical record.
 - **Response Times:** Responses to emails or texts may take longer. Do not use these methods for emergencies or urgent medical needs.
 - **Sensitive Topics:** For privacy, avoid discussing sensitive topics (e.g., mental health, STDs, or HIV) via email or text.
 - **Patient Responsibility:** If you don't receive a response, follow up by phone.
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5. Your Rights and Responsibilities

- Providing consent is voluntary and will not affect your care.
 - You may withdraw your consent at any time by submitting a written request. Please allow 30 days for processing.
 - Inform us promptly if your contact details change.
 - Do not use employer systems for communication to ensure confidentiality.
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6. Acknowledgment and Agreement

By signing this form, you acknowledge that you have read and understand the risks and conditions outlined. You agree to the use of phone, email, and SMS for communications, including billing-related inquiries.

Contact Preferences

Please provide your preferred contact information:

- **Cell Phone (Voice or Text):** _____
- **Email:** _____

Patient/Guardian Name: _____

Relationship to Patient: _____

Signature: _____

Date: _____

For questions about this consent, please contact Orchard Medical Group at (603) 329-5222.



ORCHARD MEDICAL GROUP
FAMILY MEDICINE

AUTHORIZATION TO REQUEST PROTECTED HEALTH INFORMATION

I authorize the following individual or entity to release the protected health information of the patient named below. I acknowledge that any information disclosed under this authorization may be subject to redisclosure by the recipient, unless otherwise restricted by law.

Patient Name: _____ Date of Birth: _____

Address: _____ City/Town: _____

State: _____ Zip Code: _____ Phone: _____

Name of facility or person that now holds the records:

Facility Name: _____

Address: _____ City: _____ State: _____

Zip Code: _____ Phone: _____ Fax: _____

> PLEASE TRANSFER RECORDS TO: ORCHARD MEDICAL GROUP

____ SALEM OFFICE
159 N. Broadway, Salem, NH 03079
Phone: (603) 893-4119
Fax: (888) 927-0461

____ HAMPSTEAD OFFICE
207 Stage Road, Hampstead, NH 03481
Phone: (603) 893-4119
Fax: (888) 927-0461

REPORTS REQUESTED:
HISTORY AND PHYSICAL _____
XRAY / IMAGING REPORTS _____
LAB/PATHOLOGY _____

OFFICE NOTES _____
OTHER _____

ALL OF THE ABOVE

HIGHLY CONFIDENTIAL INFOMATION:

MENTAL HEALTH _____
HIV/AIDS _____
OTHER _____

ALCOHOL/DRUG USE _____
SEXUALLY TRANSMITTED DISEASE _____

ALL OF THE ABOVE

PURPOSE OF DISCLOSURE: MEDICAL CARE OTHER _____

> Note: This request will expire six months from the request date, unless otherwise noted.

Signature of Patient or Legal Representative

Date

Name of Legal Representative

Relationship to Patient



ORCHARD MEDICAL GROUP
FAMILY MEDICINE

Authorization to Share or Discuss Patient Information

I, _____ **DOB:** ____ / ____ / ____
authorize Orchard Medical Group to share and discuss my medical care and treatment details with the person(s) listed below while I am under the care of Orchard Medical Group or hospitalized.

This authorization will remain in effect until I provide written notice of revocation.

Authorized Individual(s) for Information Sharing

Name: _____

Relationship: _____

Telephone Number: _____

Name: _____

Relationship: _____

Telephone Number: _____

Patient Signature: _____ **Date:** _____

Witness Signature: _____ **Date:** _____



Insurance Waiver and Financial Responsibility Agreement

To ensure your care is covered by your insurance plan, it is essential to designate a **Primary Care Provider (PCP) within Orchard Medical Group if required by your insurance.** This designation allows you to receive care from any provider at our Salem and Hampstead locations. Please review the agreement below carefully to understand your responsibilities regarding PCP selection and associated financial obligations.

PCP Selection Requirement:

I understand that if my insurance plan requires a designated Primary Care Provider (PCP), I must select a PCP within Orchard Medical Group. This selection ensures my access to care at both the Salem and Hampstead offices. I acknowledge that failure to update my PCP designation with my insurance provider may result in denied coverage for my visits. In such cases, I agree to accept full financial responsibility for any charges incurred.

Available Providers for PCP Selection:

The following providers are available for PCP designation within Orchard Medical Group:

- **Alan M. Stein, MD | NPI 1740279256**
- **Audrey Morgan, FNP-BC, APRN | NPI 1124403332**
- **Kathleen Devejian, FNP-BC, APRN | NPI 1528579257**
- **Lindsay Jones, FNP-BC, APRN | NPI 1528579257**
- **Krimish Bhagat, PA-C, MPAS | NPI 1760001770**

By signing this agreement, I confirm that I have read, understood, and agree to the requirements outlined above. I further acknowledge and accept financial responsibility for any charges not covered by my insurance due to my failure to select a PCP within Orchard Medical Group.

Printed Name: _____ **DOB:** _____

Signature: _____

(Patient or Parent/Legal Guardian, if patient is a minor)

Relationship to patient: _____ **Date:** _____

Important: Please choose a PCP from the list above and promptly notify your insurance provider of your selection to avoid disruptions in coverage or unexpected out-of-pocket expenses.

Thank you for entrusting your care to Orchard Medical Group. We are committed to providing you with the highest quality care.

ORCHARD MEDICAL GROUP

PATIENT REGISTRATION FORM

Today's Date _____

Name: _____ Maiden Name: _____

Date of Birth: _____/_____/_____ Marital Status: S M W D

Address: _____ City _____ State _____ Zip Code _____

Home Telephone: _____ Cell # _____ Work # _____

Social Security # _____ - _____ - _____

E-Mail Address _____

Do you wish to join our Patient Portal to view medical records and receive appointment reminders? **YES / NO**

PRIMARY INSURANCE: _____

ID# _____ Group # _____

Subscriber's Name _____ DOB: _____

SECONDARY INSURANCE: _____ ID# _____

PHARMACY - Local Name _____ Address: _____

Mail Away (If applicable) _____ **PREFERRED LAB:** _____

CONSENT TO DISCUSS - May we share your healthcare with anyone other than yourself? **YES / NO**

Name of Recipient: _____ Relationship: _____

PRIMARY LANGUAGE: _____ Decline to Answer: _____ **ETHNICITY** _____ Decline to Answer: _____

RACE: Caucasian _____ American Indian/Alaska Native _____ Asian _____ Hispanic/Latino _____
Black/African American _____ Native Hawaiian _____ Other _____ Decline to Answer _____

EMERGENCY CONTACT:

NAME: _____ Relationship: _____

Home Telephone # _____ Work/Cell# _____

Information regarding the Health Insurance Portability & Accountability Act of 1996 (HIPAA) given upon request.

Signature

Date

ASSIGNMENT OF INSURANCE BENEFITS AND RELEASE OF INFORMATION

I, the undersigned, certify that I (or my dependent) have insurance coverage with _____ and assign directly to Orchard all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not paid by insurance. I hereby authorize the Doctor to release all information necessary to secure payment of benefits. I authorize the use of this signature on all insurance admissions.

Signature

Date

~ ORCHARD MEDICAL GROUP ~

NEW PATIENT - MEDICAL HISTORY FORM

DATE: ____/____/____

Name: _____ Age _____ Birthdate ____/____/____

Address: _____ Sex: M F
Home Phone: _____
Work Phone: _____

Occupation: _____ Emergency Contact: _____

Single Married Divorced Widowed Separated

If married, spouse's name _____

Children's names and ages _____

ALLERGIES TO MEDICATIONS, X-RAY DYES OR OTHER SUBSTANCES NO ____ YES ____

ALLERGY	ALLERGIC REACTION

MEDICATIONS

MEDICATIONS <i>(Please list ALL)</i>	DOSE <i>(Mg., pill, etc.)</i>	TIMES PER DAY

If you need more room to list medications, please write them on a blank sheet of paper with the required information

PERSONAL MEDICAL HISTORY

DISEASE/CONDITION	CURRENT	PAST	COMMENTS
Alcoholism/Drug Abuse			
Asthma			
Cancer (type: _____)			
Depression/Anxiety/Bipolar/Suicidal			
Diabetes (type: _____)			
Emphysema (COPD)			
Heart Disease			
High Blood Pressure (hypertension)			
High Cholesterol			
Hypothyroidism/Thyroid Disease			
Renal (kidney) Disease			
Migraine Headaches			
Stroke			
Other:			
Other:			

SURGERIES

TYPE (specify left/right)	DATE	LOCATION/FACILITY

WOMEN'S HEALTH HISTORY

Date of Last Menstrual Cycle:	Age of First Menstruation: _____ Age of Menopause: _____
Total Number of Pregnancies:	Number of Live Births:
Pregnancy Complications:	

FAMILY MEDICAL HISTORY

_____ NO SIGNIFICANT FAMILY HISTORY IS KNOWN

CHECK ALL THAT APPLY	Alcohol/Drug Abuse	Asthma	Cancer (Type: _____)	Emphysema (COPD)	Depression/Anxiety	Bipolar/Suicidal	Diabetes	Early Death	Heart Disease	High Cholesterol	High Blood Pressure	Kidney Disease	Stroke	Thyroid Disease	Migraines	Other _____	Other _____	Other _____
Mother																		
Father																		
Brother																		
Sister																		
Child																		
MGM																		
MGF																		
PGM																		
PGF																		
Other: _____																		

SOCIAL HISTORY

Occupation (or prior occupation):	_____ Retired _____ Unemployed _____ Disabled
Employer:	Years of Education or Highest Degree:
If employed, do you work the night shift? Y N N/A	
Marital Status (check one): Single _____ Partner _____ Married _____ Divorced _____ Widowed _____ Other: _____	
Do you have children? Y N	If yes, how many?

OTHER HEALTH ISSUES

TOBACCO USE	Smoke Cigarettes? Y N (If you never smoked, please move to Alcohol /Drug Use)		
Current: Packs/day _____ # of Years _____		Past: Quit Date: _____ Packs/day _____ # of Years _____	
Other Tobacco (check one): _____ Pipe _____ Cigar _____ Snuff _____ Chew			
ALCOHOL/DRUG USE	Do you drink alcohol? Y N	Beer / Wine / Liquor	# of Drinks/week:
Do you use marijuana or recreational drugs? Y N		Have you ever used needles to inject drugs? Y N	
Have you ever taken someone else's drugs? Y N			

OTHER HEALTH ISSUES *continued...*

SEXUAL ACTIVITY	Sexually involved currently? Y N <i>If no sexual history, please continue to Exercise</i>	
Sexual partner(s) is/are/have been: <input type="radio"/> Male <input type="radio"/> Female		
Birth control method: _____ None _____ Condom _____ Pill/Ring/Patch/Injection/IUD _____ Vasectomy		
EXERCISE	Do you exercise regularly? Y N <i>(If you answered no, please move to Sleep)</i>	
What kind of exercise?		Duration: How long (min.): _____ How often: _____
SLEEP	How many hours, on average, do you sleep at night <i>(or during the day, if working night shift)</i> ?	
DIET	How would you rate your diet? Good / Fair / Poor	Would you like advice on your diet? Y N
SAFETY	Do you use a bike helmet? Y N	Do you use seat belts consistently? Y N
Working smoke detector in home? Y N		If you have guns at home, are they locked up? Y N
Is violence at home a concern for you? Y N		Have you completed an Advance Directive for Health Care (ADHC), Living Will, or Physical Orders for Life Sustaining Therapy (POLST)? Y N

OTHER PROVIDERS/SPECIALISTS

SPECIALIST	NAME	LAST VISIT
Cardiology		
Gastroenterologist (GI)		
OB/GYN		
Neurology		
Pulmonary		
Other: _____		
Other: _____		

ADDITIONAL INFORMATION

Have you traveled outside of the country in the last 30 days? Y N	If yes, where?
Have you served in the military? Y N	If yes, how long and what branch?
Were you deployed? Y N	If yes, where?

REVIEW OF SYSTEMS ✓ CHECK ALL THAT APPLY

CONSTITUTION		CARDIOVASCULAR		SKIN	
	Activity change		Chest pain		Color change
	Appetite change		Leg swelling		Pallor
	Chills		Palpitations		Rash
	Diaphoresis	GASTRO-INTESTINAL			Wound
	Fatigue		Abdominal distention	ALLERGY/IMMUNO	
	Fever		Abdominal pain		Environmental Allergies
	Unexpected weight change		Anal bleeding		Food allergies
HEAD, EAR, NOSE & THROAT			Blood in stool		Immunocompromised
	Congestion		Constipation	NEUROLOGICAL	
	Dental problem		Diarrhea		Dizziness
	Drooling		Nausea		Facial asymmetry
	Ear discharge		Rectal pain		Headaches
	Ear pain		Vomiting		Light-headedness
	Facial swelling	ENDOCRINE			Numbness
	Hearing loss		Cold intolerance		Seizures
	Mouth sores		Heat intolerance		Speech difficulty
	Nosebleeds		Polydipsia		Syncope
	Postnasal drip		Polyphagia		Tremors
	Rhinorrhea		Polyuria		Weakness
	Sinus pressure	Genitourinary		HEMATOLOGIC	
	Sneezing		Difficulty urinating		Adenopathy
	Sore throat		Dysuria		Bruises/bleeds easily
	Tinnitus		Enuresis	PSYCHIATRIC	
	Trouble swallowing		Flank pain		Agitation
	Voice change		Frequency		Behavior problem
EYES			Genital sore		Confusion
	Eye discharge		Hematuria		Decreased concentration
	Eye itching		Penile discharge		Dysphoric mood
	Eye pain		Penile pain		Hallucinations
	Eye redness		Penile swelling		Hyperactive
	Photophobia		Scrotal swelling		Nervous/anxious
	Visual disturbance		Testicular pain		Self-injury
RESPIRATORY			Urgency		Sleep disturbance
	Apnea		Urine decreased		Suicidal ideas
	Chest tightness	MUSCULAR			
	Choking		Arthralgias		
	Cough		Back pain		
	Shortness of breath		Gait problems		
	Stridor		Joint swelling		
	Wheezing		Myalgias		
			Neck pain		
			Neck stiffness		



Notice of Privacy Practices Health Insurance Portability and Accountability Act of 1996

Your Privacy, Our Priority

This notice describes how your medical information may be used and disclosed, and how you can access this information. Please review it carefully.

Our Facilities

Hampstead Office
207 Stage Road
Hampstead, NH 03841
Tel: (603) 329-5222
Fax: (888) 927-0461

Salem Office
159 N. Broadway
Salem, NH 03079
Tel: (603) 893-4119
Fax: (888) 927-0461

www.OrchardMedGroup.com

NOTICE OF PRIVACY PRACTICES

**This Notice Describes How Medical Information About You
May Be Used and Disclosed and How You Can Get Access to
This Information. Please Review It Carefully.**

*If you have any questions about this Notice, please contact our
Privacy Officer at the number listed at the end of this Notice.*

Each time you visit a healthcare provider, a record of your care is created. Typically, this record contains medical information such as your symptoms, examination, test results, diagnoses, treatment and/or treatment plan, and billing-related information. This information is considered protected health information (PHI).

This Notice is intended to advise you about the ways we may use and disclose medical information about you. It also describes your rights and certain obligations with regard to your medical

information and applies to all the records of your care generated by your healthcare provider(s) for our organization.

Our Responsibilities

Orchard Medical Group is required to maintain the privacy of your health information and to provide you with a description of our legal duties and privacy practices regarding your health information that we collect and maintain.

We are required by law to abide by the terms of this Notice and notify you if changes are made. We reserve the right to make changes to the Notice and make the new provisions effective for all protected health information we maintain. Copies of our Notice are available in our main reception area(s) and on our website.

About You

The following describes examples of the way we may use and disclose medical information:

For Treatment:

We may use medical information about you to provide, coordinate, and manage your treatment or services. We may disclose medical information about you to other healthcare professionals such as physicians, nurses, technicians, clinical laboratories, imaging centers, medical students, or other personnel who are involved in your care.

We may communicate your information using various methods, including orally, written, facsimile, and electronic communications.

We may also provide other healthcare professionals who contribute to your care with copies of various reports and information to assist them and ensure that they have appropriate information regarding your condition, treatment plan, and diagnosis.

For Payment:

We may use and disclose medical information about your treatment and services to bill and collect payment from you, your insurance company, or a third-party payer. Examples may include contacting your insurance company for referrals, verification, or preapproval of covered services.

Communication About Billing & Outstanding Balances:

We may contact patients via phone, e-mail, or text messaging (SMS) regarding outstanding balances. By providing consent, patients and guardians agree to receive these billing-related communications as outlined in the Patient/Health Care Provider E-Mail/Texting Consent form. To opt out, contact our office or reply "STOP" to the text messages.

For Health Care Operations:

We may use or disclose, as needed, your health information in order to support our business activities. These activities may include, but are not limited to, quality assessments, employee review activities, licensing, legal advice, accounting support, information systems support, and conducting or arranging for other business activities. We may contact you to remind you of your appointment by telephone or reminder card unless requested otherwise.

Business Associates:

Business Associates (BA) provide services for our organization through written contracts and/or service agreements. Examples of these services include billing and collection and software support. We may disclose your health information to a BA so they can perform the services we have asked them to do, such as billing your third-party payer for services rendered. The BA is also required by law to protect and safeguard your health information, which is clearly defined through our Business Associate Agreement and written contracts/service agreements.

Breach Notification:

In the event that there has been a breach of unsecured protected health information (PHI) identified on behalf of our organization or a BA, you will be notified within 60 days of the breach. In addition to your individual notification, we may be required to meet further reporting requirements set forth by state and federal agencies.

Uses and Disclosures That May Be Made With Your Consent, Authorization, or Opportunity to Object

We will not use and disclose information without your written authorization, except as described in this Notice or as required by applicable laws. Written authorization is required for most uses and disclosures of psychotherapy notes; PHI for marketing purposes unless we speak with you; and disclosures that constitute a sale of PHI.

If you provide an authorization to use or disclose medical information about you, you may revoke that authorization, in writing, at any time. If you revoke your authorization, we will no longer use or disclose medical information about you for the reasons covered by your written authorization. However, we are unable to take back any disclosures we have already made with your authorization.

Individuals Involved in Your Care or Payment for Your Care
Unless you object, we may release medical information about you

to a friend or family member who is involved in your medical care or who helps to pay for your care. In addition, we may disclose medical information about you to an entity assisting in a disaster relief effort so that your family can be notified about your condition, status, and location.

Future Communications

Future Communications: We may communicate with you via newsletters, mailings or other means regarding treatment options and information on health-related benefits or services; to remind you that you have an appointment; or other community-based initiatives or activities to include limited marketing or fundraising initiatives in which our facility is participating. You have the right to opt out at any time if you are not interested in receiving these communications, please contact our Privacy Officer.

Marketing and fundraising initiatives, if applicable, are limited and may require separate authorization.

Uses and Disclosures That May Be Made Without Your Authorization or Opportunity to Object

We may use or disclose your health information in the following situations without your authorization or without providing you with an opportunity to object. These situations include:

As Required by Law: We may use and disclose health information to the following types of entities, including but not limited to:

- Food and Drug Administration
- Public Health or Legal Authorities charged with preventing or controlling disease, injury, or disability
- Correctional Institutions
- Workers' Compensation Agents
- Organ and Tissue Donation Organizations
- Military Command Authorities
- Health Oversight Agencies
- Funeral Directors, Coroners, and Medical Examiners
- National Security and Intelligence Agencies
- Protective Services for the President and Others
- Authorities that Receive Reports on Abuse and Neglect

If you are not present, able to agree, or object to the use or disclosure (such as in an emergency situation), then your healthcare provider may, using professional judgment, determine whether the disclosure is in your best interest. In this case, only the information relevant to your health care will be disclosed.

Law Enforcement/Legal Proceedings: We may disclose health information for law enforcement purposes as required by law or in response to a valid subpoena or court order.

State-Specific Requirements: Many states have reporting requirements that may include population-based activities related to improving health or reducing health care costs, cancer registries, birth defect registries, and others.

Your Health Information Rights

Although your health record is the physical property of the practice that compiled it, you have the right to:

Inspect and Copy: You and/or your personal representative have the right to inspect, review, and receive a copy of your medical information. Electronic copies are available and may include various electronic means such as a patient portal or other reasonable accommodations requested. We may deny your request to inspect and copy in limited circumstances, including the release of psychotherapy notes or information compiled in reasonable anticipation of, or for use in, a civil, criminal, or administrative action or proceeding. If you are denied access to medical information, you may request that the denial be reviewed.

Requests to copy and/or review must be submitted in writing to Orchard Medical Group. There will be a fee charged for all applicable copying and producing copies of portable media (CD, USB) up to the maximum amount prescribed by governing law.

Amend: If you feel that the medical information we have is incomplete or incorrect, you may ask us to amend the information by submitting a request in writing.

An Accounting of Disclosures: You have the right to request an accounting of our disclosures of your medical information; the list will not include disclosures to carry out treatment, payment, and healthcare operations. Orchard Medical Group will provide the first accounting to you in any 12-month period without charge, upon receipt of your written request. The cost for subsequent requests for an accounting within the 12-month period will be up to the maximum amount prescribed by governing law.

Request Restrictions: You have the right to request a restriction or limitation on the medical information we use or disclose about you for treatment, payment, or healthcare operations *Restrictions from Your Health Plan:* You have the right to request that we restrict disclosure of your medical information to your health plan for covered services, provided the disclosure is not required by other laws. Services must be paid in full by you, out of pocket. *Other Restrictions:* You also have the right to request and limit any medical information we disclose about you to someone who may be involved in your care or the payment of your care, such as a family member or friend. We ask that you submit these requests in writing.

We may not agree or be required to agree to your request(s) for specific reasons. If this occurs, you will be informed of the reason(s) for the denial.

Request Confidential Communications: You have the right to request that we communicate with you about medical matters in a certain way or at a certain location. We will agree to the request to the extent that it is reasonable for us to do so. For example, you may request that we use an alternate phone number or address. We ask that you submit these requests in writing.

Email communication requests, if applicable, may require a separate authorization.

To Exercise Your Rights: To exercise any of your rights, please submit your request in writing to the practice's Privacy Officer listed below.

For More Information or to Report a Problem

If you have questions and would like additional information, please contact the Privacy Officer. If you believe that your (or someone else's) privacy rights may have been violated, you may file a complaint with the Privacy Officer at the contact number below or with the Secretary of Health and Human Services at 800-368-1019. Further instructions for filing a complaint can also be found at www.hhs.gov/ocr. All complaints must be submitted in writing within 180 days of when you knew that the act or omission occurred, and there will be no retaliation for filing a complaint.

Privacy & Compliance Officer: Nathan Grennon

Telephone Number: 603-457-4115

WWW.ORCHARMEDGROUP.COM